

## The Sober Truth Debunking The Bad Science Behind 12 Step Programs And The Rehab Industry Hardback Common

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The Sober Truth suffers from a number of blatant falsifications of AA which can be attributed to 1.) an ignorance of or an unwillingness to discuss certain segments of AA literature (i.e., they haven't done their research); 2.) a misreading of the literature they indeed quote; 3.) interpretations that are caricatures of the reality of AA practice; and 4.) they take the "horror stories" and "rigidities" of AA and claim that these are normative and common throughout all of AA.

The Sober Truth: Debunking the Bad Science Behind 12-step ...

Perhaps most importantly, The Sober Truth examines the failure of science to provide answers to fundamental questions about addiction treatment. People struggling with addiction deserve more than science has provided, and The Sober Truth should stimulate a fundamental dialogue that can move the field forward. Finally, and not to be missed, this book also serves as a treatment guide for anyone seeking help with their own or a loved one's alcohol use."

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

Buy The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry by Lance Dodes, Zachary Dodes (April 17, 2015) Paperback by (ISBN: ) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry, co-authored by brothers Lance and Zachary Dodes, is a far less dry and more radically change-oriented book than its title might suggest. What makes this read so compelling and its ideas so unusual, IMHO, is the primacy of individual human beings who struggle with addiction issues -- their personal thoughts, feelings, experiences -- in its assessment of the value of treatment options for those .

The Sober Truth: Debunking the Bad Science Behind 12-Step ...

I'm posting this note regarding The Fix article here under my book review of Lance Dodes, The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry, since the editors indicate that Lance Dodes and Joe Nowinski will debate AA next week on The Fix.

The Sober Truth | AA Agnostica

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The Sober Truth: Debunking the Bad Science Behind 12-Step ...

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### The Sober Truth: Debunking the Bad Science Behind 12-Step ...

The Sober Truth includes true stories from Dr. Dodes's thirty-five years of clinical practice, as well as firsthand accounts submitted by addicts through an open invitation on the Psychology Today website. These stories vividly reveal the experience of walking the steps and attending some of the nation's most famous rehabilitation centers.

### The Sober Truth: Debunking the Bad Science Behind 12-Step ...

But after Mattis left the administration, military commanders suggested to Trump the possibility of assassinating Soleimani, the "most extreme option" - as the New York Times put it in a previous report - that even those same officials were "stunned" when the president adopted him. Ltd. nor the participating suppliers/hotels will be responsible for the additional expenses due to loss, delay or ...

### The Sober Truth Book Page

In The Sober Truth, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases.

### The Sober Truth en Apple Books

In The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry, Dodes and his co-author reviewed 50 years of research and said that most people who have experienced Alcoholics Anonymous (AA) have not achieved long-term sobriety, and only five to eight percent of the people who go to one or more AA meetings achieve sobriety for longer than one year.

### Lance Dodes - Wikipedia

NPR coverage of The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry by Lance, M.D. Dodes and Zachary Dodes. News, author interviews, critics' picks and more.

### The Sober Truth : NPR

In The Sober Truth, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases.

### The Sober Truth on Apple Books

"The Sober Truth" asserts that addiction can be treated with psychodynamic psychotherapy, which focuses on unconscious feelings and thoughts. But while there is some scientific data for cognitive...

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