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Beth Penn's Little Book of Tidying is a thoughtful mix of advice and activities designed to help declutter your home and your life. It's simple, easy to follow and can help you take the small, necessary steps to start cleaning out the unwanted extras you want to get rid of but feel attached to.

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It's a coincidence that I read Marie Kondo's tidying up manga first before reading Beth Penn's little book. As the name suggests, the little book is very little that you are guaranteed to finish it in under an hour, or under 2 hours if you are reading it very slowly. The book provides you with general information about decluttering and some tips, but I find it not as detailed as the tidying up expert Marie Kondo's The Life Changing Manga of Tidying Up, although both of them are equally light reads.

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The Life-Changing Magic of Tidying is the original book from Marie Kondo to help declutter your life. It details her simple, effective way to banish clutter forever, as demonstrated in her new major Netflix series - Tidying Up with Marie Kondo. Spark Joy, can also be bought separately and is an illustrated guide to her method.

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The irony is that this book is for hoarders but hoarders would never pick up this book. Or even if they pick it up, they would just pick it up to hoard it and not to read it. Or to read it and never follow through it.

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This was a very useful and quite inspiring little book. So well worth buying. A lot of tidying and decluttering is just common sense of course. But if you need a bit of extra motivation this book gives it without overcomplicating things and waffle.

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