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low progression of chronic kidney disease. Created by registered renal dietician Susan Zogheib, the recipes in this renal diet cookbook are designed for stage 1-4 kidney disease patients.

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October 24, 2017 by Susan Zogheib  
MHS RD LDN (Author), Jay Wish MD  
(Foreword) 4.4 out of 5 stars 475  
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Combine all ingredients except coconut milk and rice in the slow cooker. Cover and cook on LOW for 7-9 hours. After cooking time, shred chicken with a fork, stir in coconut milk and dry rice. Turn the slow

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Cooker to HIGH and cook for an  
additional 30 minutes, or until the  
rice has absorbed the liquid and is  
cooked.

~~Renal Friendly Slow Cooker Recipes—  
Dialysis Clinic, Inc.~~

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The renal diet is restrictive. Foods

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such as potatoes, orange juice, tomatoes, bananas, dairy products and processed meats should be avoided. Further more foods such as orange/ orange juice and avocados also contains a good dose of potassium therefore it ' s recommended to be limited and/or

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