

Mental Chemistry

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I thought I was going to write yet another depressing column about a properly trained medical doctor going astray and trading his soul for profits by promoting questionable dietary supplements.

~~The Right Chemistry: Brain health, memory and questionable supplements~~

Mets outfielder Kevin Pillar takes at swing at some Q&A with Post columnist Steve Serby. Q: Did you have any fear stepping into the batter ' s box the first time after your nose was fractured in May by

...

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~~Kevin Pillar talks scary Mets moment, mental toughness, World Series chances~~

Is natural always good and artificial always bad? We talked to psychologist Angela Bearth and biotechnologist Sven Panke about science, skepticism, misunderstandings and how language influences the ...

~~Psychological understanding of the term 'artificial'~~

While tending to my clients ' mental health is what I do for a living in my mountain town, it ' s hard not to have an immediate reaction to the term "mental health," since inherent in its definition is ...

~~How Do We Lift Our Mental Spirits?~~

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Mental health is such an important aspect of ... Working out and exercising also supports a healthy brain chemistry, but it's best to seek professional help instead of self-diagnosing what you ...

~~This Is How Depression Impacts Your Brain Chemically And Physically~~

The US is facing a mental health crisis like never before. Since 1999, suicide rates have increased 35 percent; approximately 8 million deaths each year are attributable to mental disorders; and at ...

~~Exercise Should Be Prescribed for Depression, a New Report by The John W Brick Mental Health Foundation Recommends~~
The former Canucks winger spoke to Don Taylor and Rick

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Dhaliwal about the mental side of his recovery and his eagerness to get another NHL opportunity.

~~Sven Baertschi opens up about his mental health struggles after his concussion~~

Garrett Shadbolt came into the week ranked 11th in bareback and had one of the top rides on Thursday night to the cheers of the Wild West Arena crowd.

~~Merriman cowboy Garrett Shadbolt, who holds degree in chemistry, aims for circuit finals~~

Just as the COVID-19 pandemic ends for some people, a mental health pandemic is on the way. Grey has been helping its clients speak the language of culture for decades. Cultural insights overlaid

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with ...

~~Kevin Johnson, Real Chemistry~~

I was taught therapy wasn't for people like me. But reaching midlife during a pandemic—and rising racist violence—changed things.

~~I Started Going to Therapy When I Hit 40. Why Did It Take So Long?~~

The company is developing intellectual property in two areas it believes are going to be the most valuable, namely, next-generation drugs and ...

~~Mindset Pharma among those leading the charge to advance~~

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~~psychedelic medicines to treat mental illness~~

Maintaining your mental health is no easy task. We turned to a dietitian to find out what the worst food is for mental health, and why.

~~The Worst Food to Eat for Your Mental Health, Says Expert~~

By WENDY ANDERSEN WE may have left everything behind for a life in the sun, but even Andalucia can have its downside – especially in these mid-COVID ...

~~Someone to turn to: Wondering about mental health options in Andalucia and Spain?~~

This then is the story that led to the formation of Scotland ' s newest mental health charity – the Joshi Project – an effort to

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prevent, or at least reduce, such tragedies in the future. News of the ...

~~'Our beautiful daughter was abandoned by mental health services' — a father's mission~~

If you 're experiencing mental health issues, Henson recommends finding a therapist who you connect with and feel safe with. “ It ' s like chemistry, ” she said. “ Keep searching and loving ...

~~Taraji P. Henson, Jewel, and Others Talk Mental Health in Healthline ' s Town Hall~~

The ' Mahabharat ' star Shaheer Sheikh is right now busy shooting for the TV show ' Kuch Rang Ke Pyar Ke Aise Bhi 3 '. The shoot is going on near ...

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~~Shaheer Sheikh opens on COVID-19 crisis and its impact on mental health; Read to know more~~

At Real Chemistry, a variety of our clients understand this urgency, including Otsuka, known for its work across neuroscience, nephrology, oncology and more. Its recent video series addressed the ...

~~The pandemic 's ripple effect on mental health~~

It definitely impacts a person in a way and when that happens to a young person — it basically alters their brain chemistry, ” Shallowhorn responded. Karl Shallowhorn, mental health expert in ...

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