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Not so helpful at
"overcoming the
legacy of hurt" so
much as a
statement that
yeah, some
mothers are mean,

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and it sucks that people don't often believe this. I actually got some side-eye from my mother-in-law for reading this book ("oh, is it about me? do you think I'm mean?") as an interesting meta-comment on Streep's main point.

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Mean Mothers:
Overcoming the
Legacy of Hurt by
Peg Streeep

Peg Streeep, co-
author of the highly
acclaimed Girl in
the Mirror, has
subtitled this
important, eye-
opening
exploration of the

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darker side of
maternal behavior,
"Overcoming the
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There are no
psychopathic child
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the more subtle
forms of
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Overcoming their unappreciated daughters--and offers help and support to those women who were forced to suffer a parent's cruelty and neglect.

Mean Mothers:
Unloved Daughters
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Hurt...
Peg Streep, co-author of the highly acclaimed *Girl in the Mirror*, has subtitled this important, eye-opening exploration of the darker side of maternal behavior, "Overcoming the Legacy of Hurt."
There are no

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psychopathic child abusers in Mean Mothers. Instead, this essential volume focuses on the more subtle forms of psychological damage inflicted by mothers on their unappreciated daughters—and offers help and support to those

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Overcoming the legacy of hurt
peg streep explores the uncomfortable reality of mothers who lack an inherent ability to love their children especially daughters streep herself the daughter of what she terms an unloving mother

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deftly weaves her recollections and those of other baby boomer generation daughters together with scientific studies of mother child bonds and get this from a library mean mothers overcoming the legacy of hurt peg streep demonstrates what

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scientific research,

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psychology, and the real-life experiences of adult daughters, *Mean Mothers* sheds light on one of the last cultural taboos: what happens when a woman doesn't or can't love her daughter.

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mean mothers is also a narrative of hope recounting how daughters can get past the legacy of hurt to become whole within and to become loving mothers to the next generation of daughters drawn from research and the real life experiences of

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Peg Streep, co-
author of the highly
acclaimed *Girl in
the Mirror*, has

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subtitled this important, eye-opening exploration of the darker side of maternal behavior, "Overcoming the Legacy of Hurt."

There are no psychopathic child abusers in Mean Mothers. Instead, this essential volume focuses on

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the more subtle forms of psychological damage inflicted by mothers on their unappreciated daughters—and offers help and support to those women who were forced to suffer a parent's cruelty and ...

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also a narrative of hope recounting how daughters can get past the legacy of hurt to become whole within and to become loving mothers to

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