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Integrating Combined Therapies (ICT) is a 10-session, manual-guided individual therapy. ICT has three phases designed to address substance use, psychiatric problems and their interactions. MET is the first phase (2 sessions) and is focused on assessment, feedback and securing motivation to

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Integrating Combined Therapies for People with Co-occurring Disorders is a curriculum that provides the background, guidance, and skills needed to combine the evidence-based practices of motivational enhancement, cognitive behavioral therapy, and Twelve Step Facilitation.

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Brings together the evidence-based approaches of motivational enhancement therapy (the initiation of change), cognitive-behavioural therapy (making change), and Twelve

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Step facilitation (maintaining change). With treatment divided into four phases this manual shows clinicians how to successfully guide clients through the aspects of these therapies.

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Integrative counselling, as the name suggests, is a combined approach to psychotherapy that brings together different elements of specific therapies. Integrative therapists take the view that there is no single approach that can treat each

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Integrative counselling - Counselling Directory

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CBT is a more structured approach with the emphasis on

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Disorders. Motivational Enhancement Therapy Cognitive getting clients to help themselves; this means that clients are often given tasks to do between sessions. Tasks may involve self-monitoring of thoughts, feelings and behaviour.

CBT & Person Centred Therapy – Towards an Integrated ...

Integrative psychotherapy is the integration of elements from different schools of psychotherapy in the treatment of a client. Integrative psychotherapy may also refer to the psychotherapeutic process of integrating the personality : uniting the "affective, cognitive, behavioral, and physiological systems within a person".

Integrative psychotherapy - Wikipedia

Integrative therapy is a progressive form of psychotherapy

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that combines different therapeutic tools and approaches to fit the needs of the individual client. With an understanding of normal human...

Integrative Therapy | Psychology Today

Many people seek complementary treatments for various ailments. Perhaps herbal remedies to cure a cold, or acupuncture to ease lower back pain. “Complementary medicine” refers to practices outside...

Traditional medicines must be integrated into health care ...

Integrating Combined Therapies utilizes a combination of motivational enhancement therapy (MET), cognitive-behavioral therapy (CBT), and Twelve Step facilitation (TSF)

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therapy. Each of these models of therapy has been proven successful when used in community addiction treatment programs.

Program Integrates DBT, Twelve Steps

Get this from a library! Integrating combined therapies for people with co-occurring disorders : motivational enhancement therapy, cognitive-behavioral therapy, and twelve step facilitation. [Mark McGovern; Hazelden Foundation.; Geisel School of Medicine at Dartmouth.; Hazelden Co-occurring Disorders Program.]

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