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An example is the selection of Filipino Adobo recipes. For those of you who are living “overseas”, I have included substitute foodstuff ingredients that you should be able to find locally, while retaining the true back home flavors you have missed. Your non-Filipino friends will love eating these Filipino foods.

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Healthy Filipino Cooking: Back Home Comfort Food (Filipino ... Try this delicious and easy to make Embutido, a Filipino meatloaf made from ground pork, onions, carrots, bell pepper, relish, and raisins made more special by adding egg and hotdog filling.

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50minutes. Pork Hamonado with pork belly braised in pineapple juice and soy sauce for the ultimate pork dish. Melt-in-your-mouth tender with a sweet and savory sauce, it's pure heaven

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on steamed rice! #filipinofood #comfortfood #porkbelly #braisedpork #pineapplesauce.

Filipino Recipes

Tokeneng (Filipino Street Food) A popular street food in the Philippines, tokeneng are hard boiled chicken eggs that are dipped in orange colored flour batter, deep fried, and served with a sweet and sour sauce.

Filipino Recipes | Allrecipes

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Easy healthy recipes - BBC Good Food

Ginataang Puso ng Saging is a Filipino dish wherein banana blossoms are cooked in coconut milk (or coconut cream). Protein and seafood such as ground...

Lunch Recipes - Panlasang Pinoy

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A healthy and low calorie chicken casserole with bacon, button mushrooms, peas and a parsley sauce - use chicken thighs for extra flavour and juiciness 40 mins Easy

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