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Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship Paperback - Illustrated, September 25, 2012. by Laurence Heller Ph.D. (Author), Aline LaPierre Psy.D. (Author)

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~~Healing Developmental Trauma - Dr. Aline LaPierre~~
Throughout the stages of a child's development, there is an interplay between shock and developmental trauma. In early

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development, shock traumas—for example early surgery, an infant's or mother's illness, death in the family, or global events such as being born into wartime—have a disruptive effect on the attachment process.

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"Healing Developmental Trauma presents a comprehensive exploration of our deepest human urge. Seasoned clinicians Larry Heller and Aline LaPierre weave a rich and coherent synthesis of childhood development in the pioneering tradition of Wilhelm Reich, Erik Erikson, and Alexander Lowen.

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Healing Developmental Trauma How Early Trauma Affects Self-regulation, Self-image, and the Capacity for Relationship (Book) : Heller, Laurence : Although it may seem that humans suffer from an endless number of emotional problems and challenges, Healing Developmental Trauma presents a model for psychotherapy and growth showing that most emotional difficulties can be traced back to the compromised development of one or more five core capacities.

~~Healing Developmental Trauma (Book) | Calgary Public ...~~

Last week I posted an article about the Harvard study on happiness, which found that strong social connections are the primary driver of happiness. No surprise there. What struck me, however, is how these findings relate to ACEs. I had just finished reading Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship , which addresses ...

~~Healing Developmental Trauma | ACEsConnection~~

Healing from Developmental Trauma is a vital read for anyone looking to understand and recover from feelings of dissociation, hopelessness and despair. It is written with helpful case studies as well as insights into how body-based therapies can help one achieve a more in tune relationship with themselves.

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