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## Ace Personal Trainer Manual 4th Edition Set

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together to create the Exam Content Outline (see Appendix B).

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The Ace Personal Trainer Manual 4th ed., The Ultimate Resource for Fitness Professionals, is the meat of the matter for this exam.

Appendix B is the complete exam outline for the certification test.

This should ideally be at the beginning of the book, but its in the back.

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